



# LETTER OF MEDICAL NECESSITY

Use this form to be reimbursed for healthcare products and services that require authorization from a Medical Practitioner to be considered eligible for reimbursement from a Flexible Spending Account (FSA), Health Reimbursement Arrangement (HRA) or other TASC benefit account.

## INSTRUCTIONS

- Complete the form on the following page.
  1. Complete Section I (including your signature and the date) prior to visiting your Medical Practitioner.
  2. Bring this form with you to your next medical appointment and request that the attending Medical Practitioner complete Section II. Instruct them to follow the specific pharmacy / prescription laws in their respective state when completing Section II.
- You must submit a copy of this completed form to TASC with each request for reimbursement (if submitting online, include a copy with your receipts). Any Letter of Medical Necessity received without a request for reimbursement will not be processed.
- The Letter of Medical Necessity will be considered effective for 12 months from the date signed by the Medical Practitioner, or until the end of the benefit plan year in which it was submitted. A new form must be submitted each plan year in which you request reimbursement, or any time the treatment plan changes.
- Both sections of the form must be completed in full. Incomplete forms may result in delay in processing or denial of your request for reimbursement.

## DEFINITIONS (for the purposes of this form)

- “Letter of Medical Necessity” refers to any order for healthcare products or services signed by a licensed Medical Practitioner granted prescriptive authority by the laws of the state. It contains the name and quantity of the medicine/product/service prescribed, directions for use, and treatment duration.
- “Medical Practitioner” generally includes the following licensed health professionals: physician (MD/DO), physician assistant, nurse practitioner, dentist, optometrist, and podiatrist.

Products and services that require a Letter of Medical Necessity or other Medical Practitioner authorization to show the expense is to treat a medical condition include\* the following:

- Air purifier
- Automobile modifications
- Ear plugs
- Exercise equipment
- Gym or health club memberships
- Massage therapy
- Nutritionist’s professional fees
- Orthopedic shoes (excess cost only)
- Support hose (below 30 mmHg)
- Varicose vein treatment
- Vitamins and supplements
- Waterpik™
- Whirlpool® or spa
- Wigs

\* Not a complete list.

